

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



			10:30am Craft – 1 <b>Valentine table decorations</b> 1:30pm Break-A – Word 4:00pm Knitting and Crocheting Klatch	10:30am Morning 2 Aerobics 1:30pm Trivia 2:30pm Activity with the HS Youth Volunteer’s 4:00pm Book on Tape-Sunroom	9:30am Pottery 3 Class 1:30pm Manicures and Music 4:00pm Stories with Zachary and Malachi	10:00am Morning 4 Stretch Exercise Video 2:00pm Wii Sports with Greg
--	--	--	---	--	--	--

10:00am Mass on TV 5 1:30 Name 10 Game 3:30pm Biography of the Stars-Debbie Reynolds 4:00pm Sunday At the Movies-“the Singing Nun”	9:30am Art Class 6 with Janet 1:30pm Bingo 4:00pm Visits with Ivy The Therapy Dog	10:30am Move & Groove exercise 7 1:30pm Did You Know? Trivia game 4:00pm Rosary 4:00pm Books on Tape <b>Dear John- Sunroom</b>	10:30am Craft- 8 <b>Dough pins</b> 1:30pm Frisbee Games 4:00pm Knitting and Crochet Klatch	10:30am Meditation 9 and Movement 1:30pm Trivia 2:30pm Activity w/ the HS Youth Volunteers 4:00pm Books on Tape-Sunroom	10:30am Create a 10 Menu 1:30pm Wii Games 3:00pm Afternoon Tea & coffee 4:00pm Stories with Zachary and Malachi Living room	10:00am Morning 11 Stretch Exercise Video 2:00pm Mohegan at Southmayd
---	--	--	---	---	---	---

10:00am Mass on TV 12 1:30pm Famous couples game 3:00pm Biography of the Stars-Deborah Kerr 4:00pm Sunday At the Movies-An Affair to Remember	10:30am Gospel 13 singers 1:30pm Bingo 4:00pm Visits with Ivy the therapy dog	10:30 Valentine word 14 game /trivia 1:00pm Valentine Tea & Love Stories of WII 4:00pm Rosary 4:00pm Books on Tape <b>Dear John- Sunroom</b> <small>Valentine’s Day</small>	10:30am Craft- 15 <b>Mardi Gras masks</b> 1:00 Price is Right game and reminisce 4:00pm Knitting and Crochet Klatch	10:30am What’s in 16 The Bag? 1:30pm Trivia 2:30pm Activity/ the HS Youth Volunteers 4:00pm Books on	10:30am Hands 17 Up exercise 1:30pm What Am I? Game 4:00pm Stories with Zachary and Malachi Living room	10:00am Morning 18 Stretch Exercise Video 2:00pm Water Pong
--	--	--	--	--	--	---

10:00am Mass on TV 19 1:00pm Build A Story Game 3:00pm Biography of the Stars –Audrey Hepburn 4:00pm Sunday At the Movies (Breakfast At Tiffney’s)	11:00am 20 Stories with Zach and Malachi 1:30pm Bingo 4:00pm Visits with Ivy the therapy dog <small>Presidents’ Day (US)</small>	10:30 Brain Drain 21 1:30 The History of :Mardi Gras/Fat Tuesday & celebration 4:00pm Rosary 4:00pm Book on tape <b>Dear John- Sunroom</b> <small>Mardi Gras</small>	10:30 Golden 22 Gourmet Baking- <b>Cinnamon crumb Coffee cake</b> 1:30pm Indoor Gardening 4:00pm Knitting and Crochet Klatch	10:30am What’s in 23 The Bag? 1:30pm Trivia 2:30pm Activity w/the HS Youth Volunteers 4:00pm Books on	10:30am Ladder ball 24 game 1:00pm Trip to Target 4:00pm Stories with Zachary and Malachi	10:00am Morning 25 Stretch Exercise Video 2:00pm Winter Fun time with Greg
---	--	--	---	---	--	--

10:00am Mass on TV 26 1:30pm The card game –Hearts 3:00pm Biography of the Stars-Leslie Caron/Maurice Chevalier 4:00pm Sunday At the Movies-Gigi	9:30am Art Class 27 with Janet 1:30pm Bingo 4:00pm Visits with Ivy the therapy dog	10:30am Craft- 28 Edible Art –decorative placemats and” <b>Heart Healthy</b> “hints 1:30pm Aerobics 4:00pm Rosary 4:00pm Books on tape- <b>Dear John</b> - Sunroom	10:30am 29 Right,Left,Center Game 1:00pm Snowballs, Snowmen and <b>S’Mores</b> 4:00pm Knitting and Crochet Klatch	Highlights: February is Heart Healthy Month Feb 2nd Groundhog day Feb 14 <sup>th</sup> Valentine’s Day Feb 20 <sup>th</sup> President’s Day Feb 21 <sup>st</sup> Mardi Gras (Fat Tuesday) Feb 22 <sup>nd</sup> Ash Wednesday			
---	---	--	--	--	--	--	--